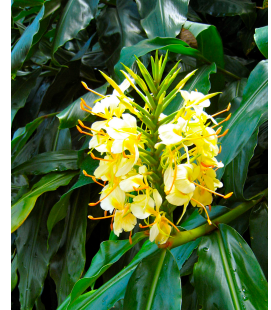


COSTA RICA~Healing Hearts Retreat

May 26-June 1st, 2013

Join us for the adventure of a lifetime!! Retreat to the majestic countryside of Costa Rica to the healing oasis of Pura Vida. Experience daily yoga, mindful meditation, Reiki and Theta Healing to find harmony and balance within your heart, body and soul. Entertain yourself with adventurous off-campus excursions or soak up the tranquility and peace that this exquisite setting so naturally offers...the choice is yours.



Includes:

*6 nights accommodations

*3 delicious, fresh, and nutritious meals daily and juices with vegan, vegetarian, fish and chicken options

*Twice daily yoga (except Wednesday), meditation, pranayama, and contemplation

*One Reiki and Theta Healing session

*Group evening activities

*Guided hike and coffee plantation tour

*Airport transfers & hotel taxes

Other offerings:

*Canopy adventure/zip-lining, white water rafting, rainforest and waterfall tour, Sky-Walk/wildlife sanctuary tour, hot springs and eco-hike, and Poas volcano exploration

*Spa treatments including a wide variety of massage techniques, Ayurvedic treatments and facials

Pricing:

Single--double

Eco-chic Tentalow (with community bath) \$1135/\$930

Standard Bungalow (with shared bath) \$1195/\$965

Deluxe Vista (with private bath) \$1445/\$1110

**does not include round-trip airfare into San Jose/room upgrade options are available-please inquire upon booking

TO REGISTER:

Contact Lori Klinger www.loriklinger.com or
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Or Kristina Jensen www.kristinajensendc.com or
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Kristina Jensen,
licensed
chiropractor
.Reiki and
Theta Healing
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Lori Klinger,
RYT 200
Anusara
Inspired yoga
teacher